

**Amendments to the Claims**

This listing of claims will replace all prior listings of claims in the application.

**Listing of Claims**

1-2. Cancelled.

3. (Previously Presented) The sliding board according to Claim 9, wherein the cradle or cassette has a number of locking openings in which connecting elements of the at least one interface element are anchored.

4. (Previously Presented) The sliding board according to Claim 3, wherein the connecting elements are connected to the cradle or cassette via a clasp connection.

5. (Currently Amended) The sliding board according to Claim 3, wherein the connecting ~~elements~~ extensions of the at least one interface element penetrate through holes constructed in the sliding-board upper parts cup.

6. (Currently Amended) A method for the manufacture of a sliding board where a preformed sliding-board upper part having an upper cup is connected to a sliding-board lower part having an outsole, a lower belt and steel edges, and foam is introduced, wherein during the assembly of the sliding-board upper and lower parts at least one interface element for arranging and guiding of a binding part is anchored on a cradle or cassette fully encased within a cavity formed by said sliding-board upper and lower parts, the cradle or cassette including supporting bars extending vertically between said upper and lower parts, longitudinal bars extending in a longitudinal direction of the sliding board, and connecting bars extending in a transverse direction of the

sliding board joining the supporting bars, foam is  
subsequently introduced so that the interface element and the cradle or cassette are connected with one another, and the cradle or cassette is completely embedded in said foam within said cavity.

7. (Currently Amended) The method according to Claim 6, wherein the introduced foam forms ~~at least in certain areas~~ the core of the sliding board.

8. (Currently Amended) The method according to Claim 6, wherein the foam is distributed through openings, ~~holes~~ provided in the cradle or cassette within the sliding-board body.

9. (Currently Amended) A sliding board comprising:  
a sliding-board body, at least one interface element connected to the sliding-board body for arranging of binding elements on ~~the~~ an upper side of the sliding board, and a cradle or cassette integrated into the sliding-board body, on which cradle or cassette the interface element is anchored, the cradle or cassette including supporting bars extending vertically between an upper cup and a lower belt, longitudinal bars extending in a longitudinal direction of the sliding board, and connecting bars extending in a transverse direction of the sliding board joining the supporting bars, wherein the cradle or cassette and the interface element are embedded within a foamed core of the sliding board, and wherein  
the interface element includes at least one guide element extending in the longitudinal direction of the gliding board and configured for receiving a binding or a binding part, the at least one guide element having connecting extensions connected with or inserted into the cradle or cassette such that the cradle or cassette and the connecting extensions are ~~fixedly joined together by embedding within the foamed core.~~

10. (Currently Amended) The sliding board according to Claim 9, wherein the cradle or cassette is completely embedded in an interior of the sliding board formed by ~~a sliding board upper part having an the~~ upper cup and ~~a sliding board lower part having an outsole~~ the lower belt.

11. (Currently Amended) The sliding board according to ~~Claim 2~~ Claim 9, wherein said ~~supports~~ supporting bars bear on inner surfaces of ~~a sliding board upper part and a sliding board lower part~~ the upper cup and the lower belt.

12. (Currently Amended) The sliding board according to claim 9, wherein the foamed core occupies the connecting extensions to prevent removal of the connecting extensions from locking openings of the cradle or cassette.

13. (New) A sliding board comprising:

a sliding-board body;

an interface element connected to the sliding-board body for arranging of binding elements on an upper side of the sliding board; and

a cradle or cassette integrated into the sliding-board body, on which cradle or cassette the interface element is anchored, the cradle or cassette including supporting bars extending vertically between an upper cup and a lower belt, longitudinal bars extending in a longitudinal direction of the sliding board, and connecting bars extending in a transverse direction of the sliding board joining the supporting bars,

wherein the interface element includes a pair of rail-like guide elements extending in the longitudinal direction of the sliding board and configured for receiving a binding or a binding part, the guide elements include connecting extensions on an underside thereof, and the connecting extensions are anchored in locking openings in the longitudinal bars by being embedded within the foamed core.